

Lunch takeaway

Sandwiches

8.5-12.5

Egg salad on challah

Pastrami, celeriac remoulade, pickles, English mustard

Chicken salad, spring onion, coriander, preserved lemon

Smoked salmon, spring onion, cream cheese

Roasted aubergines & tahini on morrocan sourdough

Cheese & chutney sandwich on wholemeal focaccia

Lunch boxes

12.5

Roasted salmon & potato salad, herb dressing

Spiced cauliflower, lentil rice, tahini & zehug

Roasted aubergine, chickpea & tomato salad, tahini

Chicken breast, mango & cracked wheat salad, cashews

Frittata

6.5

Ladenia

6.5

Tomato, oregano & caper focaccia

Breadsticks

2.5

Sesame / Mixed seeds

Dip pots

5.5/9.95

Hummus / Labaneh / Baba ganoush

Please ask us for allergy info.

Pastries 3.9

Fitzrovia bun – sour cherry & pistachio
Honey bun – honey butter & nigella seeds

Slice of cake 5.8

Chocolate, cinnamon & hazelnut babka
Cherry, pistachio & coconut cake
Lemon & raspberry drizzle cake
Courgette, golden raisin & pistachio cake
Apricot & almond frangipane
Flourless blueberry, blackberry & ricotta cake
Lemon & coconut crumble bar (VE)
Flourless brownie with halva & pistachio

Single cookie 2.75

Mini babka 16.95

Whole cakes available on request 45/50

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Drinks

Coffees

Cardamom black	5
Espresso	3.5
Americano	3.9
Cappuccino / Latte / Flat white	4
Iced latte / Iced americano	4
Hot chocolate / Mocha	4.5

Teas

Fresh mint tea	4
Rose & cinnamon tea	4.5
Persian lemon & fennel tea	4.5
English breakfast tea	4
Earl grey tea	4
Chamomile tea	4
Matcha latte / Iced matcha	4.5 / 5

Soft drinks

Orange blossom iced tea / Elderflower	5.5
House lemonade	
Daily Dose orange juice	5.5
Agua de Madre kefir water / Ginga Ninja	5.5

Please ask us for allergy info. VAT added to sit at the counter.